

# SMART Goals



## What's your money saving goal?

- Prom
- A car
- Camp
- Moving out
- Giving back to charity
- Going to college
- \_\_\_\_\_

Goals need to be **S**pecific, **M**easurable, **A**ttainable, **R**elevant and **T**ime-bound. We like to refer to these types of goals as SMART goals. Use the provided sheet to reach your goals in no time!

### Specific – detailed outcomes criteria

- The goal should state what your goal is and why it's your goal.

### Measurable – measurement criteria

- To achieve objectives, you must be able to observe and measure your progress.

### Attainable – realistic criteria

- Goals should challenge you to do your best, but they need to also be achievable.

### Relevant – significance criteria

- Why do you want to reach this goal?

### Time frame – answers “by when?” criteria

- Deadlines help you to work harder to get a task completed.

Please be as detailed as possible. Writing down your goals will help you achieve them. If you have a clear picture in your head of where you want to go and how you want to get there, you will get there much faster. Copyright ©2015 Numerica Credit Union